ABSTRACT
This study is basically aimed at finding out the role of voluntary counseling and testing in HIV/AIDS prevention in Rwanda. A case of the TRAC/VTC centre in Nyarugenge District, Kigali city was undertaken. The researcher used interview guide as a research instrument to collect data from the respondents who were the clients, counselors and nurses of the TRAC/VTC centre. The purpose of the study was to shed light into the following questions; 1. What role does the VCT play in promoting HIV awareness to Rwandan population? 2. How do VCT/ TRAC help HIV infected people in Rwanda? 3. What are the barriers to VCT accessibility in Rwanda? In this study, the data gathered from different sources were analyzed and the results show that the VCT has greatly helped in preventing the HIV/AIDS transmission among the Rwandan population by improving knowledge and awareness and providing necessary information and health education about the disease. Findings of the study also revealed that TRAC/VTC centre plays a paramount role in helping HIV infected people to live longer and better by providing them with antiretroviral therapy and psychosocial support. However it was found out that there are some factors that hinder people’s willingness to go for VCT and some of them are: ignorance, fear of testing HIV positive, poverty and others, in conclusion, VCT has proved to be a veritable tool in prevention of HIV/AIDS transmission.